

**Tampa Ear, Nose, & Throat Associates**  
**3450 E Fletcher Avenue, Suite 350, Tampa, FL 33613**  
**(813) 972-3353**

## **FOOD AND INHALANT CROSS-REACTIVITY**

### **FOOD**

### **INHALANT**

Wheat	Fescue, June Grass, Orchard Grass, Perennial Rye, Timothy Grass and Red Top Grass
Corn	Johnson Grass, Bahia Grass, Crab Grass
Eggs	Down Pillows and Down Comforters
Apple	Birch and Timothy Grass
Hazelnuts	Birch
Rice	Bamboo
Carrots	Timothy Grass
Watermelon	Short Ragweed
Cantaloupe	Short Ragweed
Coriander	Mugwort
Almond	Rose
Celery	Birch and Mugwort